What if my child is sick?

If a child has only the minor symptoms of a cold, such as a runny nose and dry cough, there is no reason to delay immunizations. Even when a child has a minor infection and is taking antibiotics, he/she can still receive immunizations on schedule.

Remember it is very important to stick to the immunization schedule in order to keep your child healthy.

IN CASE OF FEVER

• Sponge off with body temperature water; do not cause a chill.
• Cover with thin sheet or blanket only, unless chilled.
• Let child rest as much as possible.
• DO NOT give aspirin.
• Give acetaminophen (Tylenol, Tempra, Panadol, etc); use as directed on the package for children over age 2. Use recommended dose of acetaminophen for children under 2.

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Why immunize my child?

Polio, Diphtheria, Pertussis, Tetanus, Measles, Mumps, Rubella, Haemophilus Influenza type b and Hepatitis B - these diseases are still around and are potentially dangerous for your child and the whole community. Because of widespread immunizations, few people have these diseases now. However, outbreaks do occur when we are careless by not having children immunized. Remember, the vaccines against these childhood diseases are safe and very effective.

What side effects can I expect?

Diphtheria - Tetanus - Pertussis (DTaP)
Common side effects can include fever, irritability for up to 2 days and soreness and swelling at the injection site.

Haemophilus b Conjugate Vaccine (Hib)
Side effects are rare but can include redness and/or swelling at the injection site and fever within 24 hours after shot is given.

Polio (IPV is an inactivated virus given by injection)
Side effects are similar to those for Hib and Hepatitis B vaccines.

Measles, Mumps, Rubella (MMR)
About 1 out of 5 children can develop a rash or slight fever lasting a few days, one to two weeks after vaccine is given. Occasionally there may be mild swelling of the salivary glands.

Pneumococcal Conjugate Vaccine (PVC)
Up to 2 out of 10 children can have redness, tenderness or swelling at injection site. About 1 out of 10 children experience a mild fever.

Influenza Vaccine
Soreness at injection site lasting less than two days. Local pain an swelling is usually mild if it occurs. Sometimes a slight fever may be present. Influenza vaccine does not cause the flu.

Meningococcal (MCV4)
May have redness or pain at injection site for one to two days. Some people may experience a slight fever.

Recommended Childhood Immunization Schedule
United States, 2011

<table>
<thead>
<tr>
<th>Vaccine/Medication</th>
<th>Birth</th>
<th>2 mo.</th>
<th>4 mo.</th>
<th>6 mo.</th>
<th>12-15 mo.</th>
<th>18 mo.</th>
<th>4-6 yrs</th>
<th>11-12 yrs</th>
<th>14-16 yrs</th>
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</thead>
<tbody>
<tr>
<td>HBV (Hepatitis B)</td>
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<td></td>
<td></td>
<td>✓</td>
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<td>✓</td>
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<tr>
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<tr>
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<td>✓</td>
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</tr>
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<tr>
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</tr>
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<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
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</tr>
</tbody>
</table>

1. Hepatitis B and Varicella Zoster are required for school attendance and recommended for most child care.
2. Alternative schedules are acceptable for Hepatitis B vaccines, Polio vaccines and Haemophilus b Conjugate vaccines. Check with your physician.
3. Tetanus-Diphtheria-Pertussis boosters are needed every 10 years throughout life.
4. Chickenpox vaccine is available at the Shawnee County Health Agency for anyone over age 1.
5. Influenza vaccine is initially given in two doses one month apart. Following the initial influenza vaccination at 2 months, the vaccine should be received annually.
6. All adolescents entering high school and college freshmen living in dormitories should receive Meningococcal vaccine if he/she has not been vaccinated at age 11-12.

Approved by the Advisory Committee on Immunization Practices (www.cdc.gov/nip/acip), the American Academy of Pediatrics (www.aap.org), and the American Academy of Family Physicians (www.aafp.org).

- Remember -

Always bring your immunization record with you to the clinic.
If you are bringing a minor in for a vaccination, you must be his or her parent or legal guardian OR have written consent from a parent or legal guardian with you at the time of vaccination.