

## H1N1 Most Commonly Asked Questions for Shawnee County

### H1N1

<b>1</b>	<p><b>Where can I get my H1N1 vaccine?</b></p> <p><b>Current Clinics</b></p>	<p>The Shawnee County Health Agency is currently offering H1N1 vaccinations in the Immunization Department (1615 SW 8<sup>th</sup>). Vaccinations are free to anyone 6 months and over during the following hours:</p> <p>Monday: 8am – 11am; 1pm – 4pm          Tuesday: 10am – 1pm; 3pm – 6pm          Wednesday: 8am – 11am; 2pm – 4pm          Thursday: 8am – 11am; 1pm - 4pm          Friday: 8am – 11am; 1pm - 4pm</p> <p><b>OTHER PROVIDERS</b>  <b>Walgreen’s Locations:</b> vaccinating those 18 years of age and over. You should call your preferred location for exact times.  <b>Walgreen’s Take Care Clinics:</b> vaccinating those 2 years and over. Regular business hours are M-F 8am-7:30pm; Saturday and Sunday 9:30am-5pm. (closed 1:30-2:30 for lunch each day) Shots are \$18 each.  <b>Private Doctors:</b> check with your personal doctor’s office to see if they are providing the H1N1 vaccine.</p>
<b>2</b>	<p><b>Who are target groups most effected by H1N1?</b></p>	<p>They CDC has identified several target populations which seem to be most effected by H1N1. Those groups include:</p> <ul style="list-style-type: none"> <li>• Healthcare Workers</li> <li>• Pregnant Women</li> <li>• Caregivers of children 6 months and younger</li> <li>• Anyone 6 months – 24 years</li> <li>• Anyone 25-64 years with a chronic health condition</li> </ul> <p>These groups are NOT listed in any prioritized order. <b>Currently vaccine in Shawnee County is available to anyone interested in receiving it who is 6 months and older.</b></p> <p>For more information on H1N1 visit <a href="http://www.flu.gov">www.flu.gov</a></p>
<b>3</b>	<p><b>What are the symptoms of H1N1?</b></p>	<p>Symptoms of H1N1 from the CDC are:</p> <ul style="list-style-type: none"> <li>• Fever greater than 100 degrees F</li> <li>• Cough, sore throat, runny nose</li> <li>• Aches, chills, fatigue</li> <li>• In some cases, diarrhea and vomiting</li> </ul> <p>For more information on H1N1 visit <a href="http://www.flu.gov">www.flu.gov</a></p>
<b>4</b>	<p><b>What do I do if I have symptoms of H1N1?</b></p>	<p>If you or someone in your family have symptoms of H1N1, we ask that you stay home and away from others until you have been fever free for 24 hours without fever reducing medications.</p>
<b>5</b>	<p><b>What should we have to prepare ourselves in case we get the flu?</b></p>	<p>It is recommended that you have enough non-perishable food, such as canned food, dry cereals and crackers as well as enough water for each person in your household to last for 2 weeks. Make sure you are well stocked on any prescription medication as well as over-the-counter medicines such as, Tylenol or Advil. Also be sure to stock up on household supplies you may need like toilet paper, cleaning supplies, tissues and diapers if you have young children in your household.</p> <p>For more information on H1N1 visit <a href="http://www.flu.gov">www.flu.gov</a></p>

6	I think I have H1N1, how do I get tested?	At this time, lab testing for H1N1 is only being recommended for individuals who are hospitalized.  For more information on H1N1 visit <a href="http://www.flu.gov">www.flu.gov</a>
7	When should I contact my primary care doctor?	You should seek medical care right away if you or a family member: <b>ADULTS</b> <ul style="list-style-type: none"> <li>• Has difficulty breathing or shortness of breath</li> <li>• Pain or pressure in the chest or abdomen</li> <li>• Sudden dizziness</li> <li>• Confusion</li> <li>• Severe or persistent vomiting</li> <li>• Flu-like symptoms improve but then return with fever and worse cough</li> </ul> <b>CHILDREN</b> <ul style="list-style-type: none"> <li>• Not drinking enough fluids</li> <li>• Severe or persistent vomiting</li> <li>• Not waking up or not interacting</li> <li>• Being so irritable that the child does not want to be held</li> <li>• Flu like symptoms improve but then return with fever and worse cough</li> <li>• Bluish or gray skin color (call 9-1-1 immediately)</li> </ul> For more information on H1N1 visit <a href="http://www.flu.gov">www.flu.gov</a>
8	How do we get our employees vaccinated for H1N1, at our office?	<i>SCHA doesn't have the resources to visit every employer site, so you are encouraged to allow employees time to go get vaccinated, through their primary care doctor or SCHA.</i>  For further information on H1N1 visit <a href="http://www.flu.gov">www.flu.gov</a>
9	I am a healthcare provider who would like to provide H1N1 vaccine in my office. What do I need to do?	You need to visit the following website to register - <a href="http://www.kdheks.gov/H1N1/index.htm">www.kdheks.gov/H1N1/index.htm</a> . By registering, the local health department will know you are interested.
<b>Seasonal Flu</b>		
10	When can I get my seasonal flu shot?	Seasonal flu vaccines are available in our immunization department during regular business hours.
11	Who can receive a seasonal flu shot?	The <b>flu shot</b> is approved for use among people <b>6 months of age or older</b> , including healthy people and those with chronic medical conditions (such as asthma, diabetes, or heart disease).